

# What to Expect Before, During & After Surgery

## Welcome to Physicians Care Surgery Center.

Welcome, your surgeon chose Physicians Care Surgery Center because of the quality care patients receive here and commitment to your safety by the entire staff. Every surgery or procedure is unique. You should always consult your physician with specific questions about your surgery or procedure. The following instructions are presented as general guidelines. If they differ from or contradict those given by your physician or nurse, always defer to the instructions from the medical professional.

### Preparing for Surgery

- A staff member will call to confirm your surgery time and ask questions regarding your medical conditions, allergies, and medications. Your physician or a facility nurse will tell you what time you are to stop eating and drinking prior to your surgery.
- If you take medications or herbal remedies for any conditions, ask your physician or a facility nurse when to stop taking them.
- Notify your physician if there is any change in your health such as a cold, fever, sore throat or skin rash the week before your surgery.
- For women, if there is any possibility you are pregnant, please notify your physician and a facility nurse.
- If special financial arrangements are necessary, please call our business office at 484-939-6020 prior to your surgery date.

### Day of Surgery

- No food or drink for at least eight hours prior to arriving at the surgery center; this includes mints, water and chewing gum.
- Avoid styling products, makeup, perfume and nail polish.
- You will be asked to remove contact lenses, dentures and any prosthesis.
- Wear comfortable, loose-fitting clothing; upon arrival you will change into a gown and socks provided by the facility.
- Leave all valuables at home including watches, rings, jewelry and cash.
- Arrive promptly at the scheduled time to allow adequate time for admission procedures.
- Bring your picture ID, insurance cards, any paperwork from your

physician (such as cardiology reports), a list of your medications, and a form of payment if your insurance company requires a co-payment.

- Arrange for an adult to drive you home after surgery; you will not be allowed to drive yourself home

### Recovery Area

- After surgery you will be moved to the recovery area where you will be closely monitored until you are ready to go home.
- When you are ready for visitors, your family will be able to join you. Although the times may vary, most patients are discharged one hour after surgery.
- It is normal to feel discomfort in the area of your surgical site. Depending on the type of anesthesia you receive during surgery, you may experience drowsiness, dizziness or nausea.

### At Home After Surgery

- We care about your recovery after surgery. A nurse will call you to check on your progress.
- Your physician will provide specific instructions for care while recovering at home; in the event of any difficulty, please contact your physician.
- For the first 24 hours following surgery, do not engage in strenuous activities, drink any alcoholic beverages, drive, or make any critical decisions.
- In the event of medical need, a patient may require transfer and/or admission to a hospital.



### Benefits of Having Your Procedure at Our Surgery Center

**Efficient** — turnaround times between surgeries is up to three times faster than hospitals meaning less waiting for patients.

**Lower Cost** — our costs are much lower than a hospital, with patient co-pays and out-of-pocket costs often 30-50% less than hospitals.

**Dependable** — scheduled surgery times are not likely to be delayed or bumped by non-related emergencies.

**Family-friendly** — families are encouraged to be present as much as possible before and after the surgery.

**Advanced** — our surgery center boasts the newest, most advanced medical equipment.

**Convenient** — our surgery center bypasses the hassles of dealing with a large hospital.

**Quality** — decreased risk of complications; decreased infection rate and personalized nursing care.

**Personal** — Relaxed atmosphere with comfortable amenities for patients and families.

## Insurance Verification

Please bring a photo ID, such as a driver's license or government-issued ID card, as well as your most current insurance or Medicare card. Upon receipt of your insurance information, Physicians Care Surgery Center will verify your primary and secondary insurance carriers or government agency directly for surgery center services.

Please be aware of your insurance plan's policy on admission requirements, such as pre-authorization.

You or your physician may have to adhere to certain requirements in order to ensure maximum reimbursement from your insurance carrier(s).

Failure to obtain pre authorization, physician referral, or a second opinion may greatly reduce or eliminate your insurance benefits.

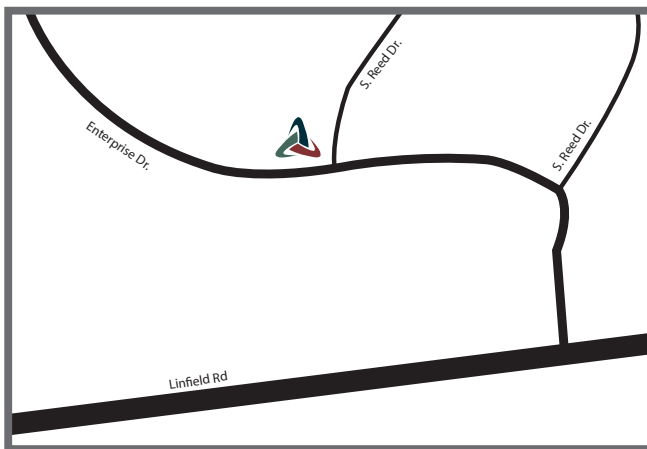
## Billing Process

We bill your insurance carrier shortly after healthcare services are rendered. The surgery center will send you a bill for the portion owed by you. The amount we bill you is due upon receipt. If you are unable to make the payment in full, please call our business office at 484-939-6020.

Please be aware that you may receive several individual bills from other providers besides Physicians Care Surgery Center such as the surgeon, pathologist, and anesthesiologist. Physicians Care Surgery Center only bills for surgery center services.

## Payment

If you need financial arrangements, please feel free to call our financial counselor. Patients who do not have insurance coverage are required to pay their charges in advance. We accept cash, cashier's checks, all major credit cards, and personal checks with a valid ID. We have finance options available, if you require special financial arrangements, please call 484-939-6020 prior to your surgery and ask to speak with our business office to discuss alternative methods of payment. Our patient account representatives are available 8 a.m. to 4:30 p.m. Monday through Friday to discuss financial arrangements with you.



### Physicians Care Surgery Center

475 Enterprise Drive, Suite 100 • Royersford, PA 19468  
484-939-6020 • PhyCareSurgeryCenter.com

Please call 484-939-6020 if you get lost the day of surgery.

### Special Instructions

Written instructions provided by surgeon

Assistive devices such as post-op boot, cooling therapy pad, crutches, etc.

PATIENT'S NAME: \_\_\_\_\_

SURGERY DATE: \_\_\_\_\_

ARRIVE AT: \_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_

PHYSICIAN'S PHONE: \_\_\_\_\_